# **MyHEALTH INTERNATIONAL**

## TABLE OF BENEFITS

#### MEDICAL EXPENSES BENEFITS SCHEDULE

#### Some important information before going any further:

Medical expenses are covered within the limits of *Actual costs* and the *Reasonable and Customary costs* charged in the country where the treatment is provided. To continue to provide you with sustainable levels of cover and premiums, we closely monitor the rates charged by healthcare professionals and check they are in line with typical pricing in that area.

We provide you with a **network of healthcare professionals** who charge *Reasonable and Customary costs*. Please contact our team for more information about the APRIL International healthcare network.

All treatments in excess of €/\$ 2,000 are subject to Prior agreement. Please send us your request at least 5 days before the planned treatment date.

If you fail to comply with the above conditions, you will be subject to a Deductible which will be applied to your reimbursement.

#### What is outpatient care?

Outpatient surgery is defined as "day hospitalisation" in a healthcare facility for a period of less than 12 hours. Outpatient care, also known as ambulatory care, means all care provided by healthcare professionals without the need for hospitalisation or overnight accommodation in a healthcare facility.

#### What is cover for COVID-19?

COVID-19 is covered under the same conditions as any other disease, with no special restrictions (within the overall annual limit of the selected plan). All care and treatment will be covered as set out in the Table of Benefits.

#### IMPORTANT

In case of hospitalisation, you benefit from direct billing service, subject to prior agreement. Please note that this service is only available to Members insured from the 1st e/US and as a top-up to the CFE. It is not available if you are covered as a top-up to the French Social Security (or another basic scheme).

In the Hospitalisation and basic Repatriation assistance package, outpatient care (including dental care and prostheses - excluding dentures and dental implants) is also covered **in case of accident** and on presentation of a medical certificate, **up to €/\$75/treatment** or procedure and €/\$1,500/year/Insured.

\* All hospitalisation is subject to Prior agreement. A **deductible of 50%** will be applied if this procedure is not followed prior to hospitalisation. \*\* Subject to Prior agreement.

\*\*\* The waiting period does not apply if you had an equivalent or higher level of cover which was cancelled less than one month previously. Proof of this previous insurance and the Certificate of cancellation from that plan must be produced.

PACKAGE	EMERGENCY	BASIC	ESSENTIAL	COMFORT	PREMIUM
Maximum amount of medical expenses per insurance year and per insured individual	€/\$250,000	€/\$500,000	€/\$1,000,000	Bahamas, Japan, Puerto Rico, Singapore, USA: <b>€/US\$1,500,000</b> Rest of the world: <b>unlimited</b>	Bahamas, Japan, Puerto Rico, Singapore, USA: <b>€/US\$3,000,000</b> Rest of the world: <b>unlimited</b>
HOSPITALISATION* (excluding outpatient care, maternity and vision-dental)					
Medical, surgical or day hospitalisation: Transport by ambulance (if hospitalisation is covered by APRIL International) Hospital room and board Medical and surgical fees Pathology, diagnostic tests and drugs, Medical procedures	100% in case of accident or medical emergency only	100%	100%	100%	100%





Hospital room	two-bed room	two-bed room	standard private room up to €/\$75 per day	standard private room (including television and internet charges)	standard private room (including television and internet charges)
Advanced medical imaging (MRI and scans) during hospitalisation	up to €/\$4,000 per year	100%	100%	100%	100%
Outpatient consultations, treatments, diagnostic tests and medical procedures related to hospitalisation/outpatient surgery 30 days before and after hospitalisation (hospital certificate required)	100% only following hospitalisation covered by APRIL International	100%	100%	100%	100%
Home hospitalisation	not covered	100%	100%	100%	100%
Visitor's bed (for children under 18)	not covered	not covered	not covered	100%	100%
Hospitalisation for the treatment of mental or nervous disorders	not covered	not covered	not covered	up to €/\$8,000/year and a maximum of 15 days/year	up to 30 days/year
Rehabilitation directly related to and following hospitalisation covered by APRIL International (up to 3 month following hospitalisation)	up to 20 days	up to 20 days	up to 20 days	up to 30 days	up to 60 days
Reconstructive dental surgery following an accident	100%	100%	100%	100%	100%
Cancer treatment (hospitalisation, chemotherapy, radiotherapy, oncology, diagnostic tests and drugs as an inpatient, in day care or as an outpatient)	not covered	100%	100%	100%	100%
Organ transplant	100%	100%	100%	100%	100%
Kidney dialysis	not covered	100%	100%	100%	100%
Palliative care centres and palliative care	up to €/\$10,000	up to €/\$25,000	up to €/\$50,000	100%	100%
Internal devices and prostheses during hospitalisation	up to €/\$ 1,000 per hospitalisation	100%	100%	100%	100%

## **BASIC REPATRIATION ASSISTANCE**

Medical repatriation or medical transport to the most suitable hospital or to the country of nationality	100%	100%	100%	100%	100%
Repatriation of other plan beneficiaries if the insurant is repatriated	one-way ticket by air in economy class or by train in 1 <sup>st</sup> class		one-way ticket by air in economy class or by train in 1 <sup>st</sup> class		one-way ticket by air in economy class or by train in 1 <sup>st</sup> class

Accompanying children	round-trip ticket by air in economy class or by train in 1 <sup>st</sup> class	round-trip ticket by air in economy class or by train in 1 <sup>st</sup> class	round-trip ticket by air in economy class or by train in 1 <sup>st</sup> class	round-trip ticket by air in economy class or by train in 1 <sup>st</sup> class	round-trip ticket by air in economy clas or by train in 1 <sup>st</sup> class
	(optional)				
PACKAGE	EMERGENCY	BASIC	ESSENTIAL	COMFORT	PREMIUM
OUTPATIENT BENEFI	<b>TS</b> (excluding m	aternity, medicall	y-assisted procre	ation and dental t	reatment)
Medical teleconsultation 24/7	unlimited	unlimited	unlimited	unlimited	unlimited
Consultations with GPs and specialists including for the monitoring of chronic illnesses		From the 3rd consultation	5 consultations per year covered at 100%. From the 6th consultation onwards, covered up to €/\$ 100 per consultation.	From the 11th consultation	100%
Psychiatrists, psychologists and psychotherapists	not covered	not covered	up to 4 consultations/ year and a maximum of €/\$60 per consultation	up to 5 consultations/ year and a maximum of €/\$200 per consultation	up to 20 consultations/ year and a maximum of €/\$200 per consultation
Speech therapists, orthoptists, chiropodists/ oodiatrists and language :herapists		up to 10 consultations / year	up to 15 consultations / year	100%	100%
Physiotherapy, osteopaths, chiropractors, nursing care, occupational therapy and osychomotor therapy	_	up to €/\$1,000 per year	up to €/\$2,000 per year	up to €/\$4,000 per year	100%
Consultations with nomeopaths, etiopaths, acupuncturists and ohytotherapists and traditional Chinese medicine	_	not covered	up to €/\$500 per year	up to €/\$1,000 per year	up to €/\$2,000 per year
Drugs prescribed during nospitalisation for home use or for chronic illnesses		100%	100%	100%	100%
Drugs prescribed on an putpatient basis (including contraception, homeopathy, phytotherapy and antimalarial vaccines and reatments)	not covered	up to €/\$2,500 per year	100%	100%	100%
Diagnostic tests, X-rays and other technical medical procedures performed putside the hospital environment		100%	100%	100%	100%
Advanced medical imaging (MRI and scans) on an outpatient basis		up to €/\$2,000 per year	up to €/\$4,000 per year	up to €/\$8,000 per year	100%

External devices and prostheses including hearing aids (excluding dentures)		up to €/\$1,000 per year	up to €/\$2,000 per year	up to €/\$3,500 per year	up to €/\$5,000 per year
PREVENTION					
Screening (cancer, hepatitis B, HIV testing etc.)	not covered	100%	100%	100%	100%
Self-medication package: non-prescription drugs, smoking cessation aids, COVID-19 self-tests		not covered	up to €/\$50 per year	up to €/\$150 per year	up to €/\$300 per year
Health check-up and hearing test (one check-up every two years)		not covered	up to €/\$200	up to €/\$800	up to €/\$2,000
Consultations with dieticians		not covered	not covered	not covered	up to 5 consultations per year

### **MATERNITY\*\*** (optional)

#### 12 month Waiting period

> Maternity benefits under the Essential package are only available if you choose cover in zones 3, 4 or 5. For more information on the countries included, please refer to paragraph 2.2 of the General Conditions.

PACKAGE	EMERGENCY	BASIC	ESSENTIAL	COMFORT	PREMIUM
Childbirth fees: hospitalisation, private room and board and medical and surgical fees Home births Pre and post-natal consultations, pharmacy items, examinations and care Pre-natal classes (held by a doctor or midwife) Diagnosis of chromosomal abnormalities Neonatal screening	not covered	not covered	up to €/\$3,000/ pregnancy (increased to €/\$6,000/ pregnancy for surgical delivery) Pregnancy and childbirth complications and new-born care are fully covered.		up to €/\$12,000/ pregnancy (increased to €/\$20,000/ pregnancy for surgical delivery) Pregnancy and childbirth complications and new-born care are fully covered
MEDICALLY-ASSIST		ON			
Pharmacy items, in vitro fertilisation, diagnostic tests and follow-up examinations		not covered		up to €/\$1,500 per attempt	up to €/\$2,500 per attempt

PACKAGE	EMERGENCY	BASIC	ESSENTIAL	COMFORT	PREMIUM
	EMERGENCY	BASIC	ESSENTIAL	COMFORT	PREMIUM
DENTAL					
<i>Vaiting period</i> of 3 mo econstruction and or		ntive and routine	dental treatmen	t and 6 months*** 1	for major dental
Jpper limit per year	not covered	€/\$500	€/\$1,000	1 <sup>st</sup> & 2 <sup>nd</sup> years: €/\$2,000 From the 3 <sup>rd</sup> year onwards: €/\$3,000	1 <sup>st</sup> & 2 <sup>nd</sup> years: €/\$4,000 From the 3 <sup>rd</sup> yea onwards: €/\$5,000
Preventive dental care dental check-ups, x- rays, scale and polish and mouth guards)		100%	100%	100%	100%
Routine dental care (extractions, treatment of cooth decay, periodontics, endodontics etc.)		100%	100%	100%	100%
Major reconstructive dental treatment (dentures, crowns and mplants)	not covered	100%	100%	100%	100%
Orthodontics for children up to age 18 (treatment oegun before age 16)		not covered	not covered	up to €/\$1,200 per year and a maximum of 3 years	up to €/\$1,700 per year and a maximum of 3 years
<b>OPTICAL</b> 6 month <i>Waiting peric</i>	od***				
aser treatment for vision correction (myopia, nyperopia, astigmatism and keratoconus)		not covered	not covered	up to €/\$500	up to €/\$700
Frames and lenses (maximum 1 pair every 2 years)	not covered	up to	up to €/\$250	6/3000	6/3/00
Contact lenses		€/\$150	up to €/\$200	up to €/\$ 300	up to €/\$400

#### **OPTIONAL BENEFITS**

To benefit from all-round international protection, we offer the following optional benefits to supplement your Healthcare cover:

- > Comprehensive repatriation assistance and personal liability (private capacity);
- > Death and total and irreversible loss of autonomy lump sum;
- > Income protection during periods of sick leave from work

# COMPREHENSIVE REPATRIATION ASSISTANCE AND PERSONAL LIABILITY (PRIVATE CAPACITY) – BENEFITS SCHEDULE

COMPREHENSIVE REPATRIATION ASSISTANCE						
TYPE OF BENEFIT	LEVEL					
In case of Accident or illness:						
Search and rescue costs	up to €/\$5,000 per person, up to €/\$15,000 per event					
Returning the insured to the country of expatriation following stabilisation	one-way ticket by air in economy class or by train in 1st class					
Presence of a family member if the insurant is hospitalised for more than 6 days and was expatriated alone	round-trip ticket by air in economy class or by train in 1st class and €/\$80 per night for 10 nights					
Sourcing and sending medication not available locally	100%					
Care of dependent children under the age of 18	reimbursed up to 20 hours per year and a maximum of €/\$500					
Returning or caring for a pet if all family members are repatriated	up to €/\$500 per year					
Home help	reimbursed up to 10 hours and a maximum of €/\$250					
Death of the insured:						
Returning the body or the ashes to the home	100%					
Cost of a transport coffin for repatriation of the body by air	up to €/\$1,500					
Presence of a relative or friend at the burial abroad if the deceased plan member was expatriated alone	round-trip ticket by air in economy class or by train in 1st class and €/\$50 per night for 4 nights					
Repatriation of other plan beneficiaries: family members, spouse and children living with the insurant	one-way ticket by air in economy class or by train in 1st class					
Attack or natural disaster:						
Repatriation in case of an act of terrorism or sabotage, attack or assault	100%					
Early return in case of a terrorist attack, political unrest or natural disaster.	one-way ticket by air in economy class or by train in 1st class up to €/\$1,500					
Loss or theft of identity documents, baggage, or tro	ivel documents:					
Loss, damage or destruction of personal baggage	up to €/\$1,000					
Advance of funds abroad	up to €/\$1,500					
Advance of a new ticket abroad	one-way ticket by air in economy class or by train in 1st class					
Theft of mobile phones, smartphones or tablets during an assault or mugging	up to €/\$500					
Fraudulent use of a SIM card by a third party	100%					
Sending urgent messages	100%					

Travel incidents:	
Enforced stay abroad	€/\$ 80 per night, maximum 14 nights
Flight delays or cancellation, or denied boarding	up to €/\$300
Missed connection	up to €/\$300
Reimbursement of trip expenses in the event of an early return home following the Insured's medical repatriation	on a pro rata basis up to €/\$5 000 actual costs up to €/\$250 per day, maximum €/\$5,000
Death or hospitalisation of a family member:	
Early return in case of the death of a family member in the country of nationality	round-trip ticket by air in economy class or by train in 1st class
Early return in case of hospitalisation of a family member lasting more than 5 days	round-trip ticket by air in economy class or by train in 1st class
Unintentional violation of the laws of a country:	
Legal fees abroad	up to €/\$1,500 per event
Advance of bail abroad	up to €/\$15,000 per event
Language difficulties:	
Translation of legal or administrative documents	up to €/\$500 per year
Psychological support:	
Interview with a psychologist	up to 3 interviews

PERSONAL LIABILITY (PRIVATE CAPACITY)					
TYPE OF BENEFIT	LEVEL				
Bodily injury, material damage and consequential financial loss	up to €/\$7,500,000 per claim and per insurance year				
including:					
Material damage and consequential financial loss	up to €/\$750,000 per claim and per insurance year (deductible of €/\$150 per claim)				
Damage (including fire, explosion and water damage to property which the insurant has leased or borrowed for the organisation of family ceremonies)	up to €/\$150,000 per claim and per insurance year (excess of €/\$150 per claim)				

#### DEATH AND TOTAL AND IRREVERSIBLE LOSS OF AUTONOMY

In the event of death due to illness, this benefit pays a lump sum to the beneficiary or beneficiaries designated when you enrolled in the plan. The amount of the lump sum payable in case of death due to illness can be set at any amount between €/\$ 20,000 and €/\$ 500,000. The amount of the lump sum is **doubled if the death is caused by an accident.** 

The full amount of the lump sum is also payable in case of total and irreversible loss of autonomy see definition.

#### **MEDICAL FORMALITIES:**

Depending on the amount of the lump sum selected, you will need to complete the following medical formalities:

AGE	€/\$20,000 to 150,000	€/\$150,001 to 250,000	€/\$250,001 to 350,000	€/\$350,001 to 500,000
≤45	1	1	1	2
46 to 55	1	1	2	2
56 to 65	1	2	2	3

#### 1: Health questionnaire

2: Health questionnaire + Medical report\* + Blood tests\* (cholesterol, triglycerides, SGO and SGP transaminases, HIV 1 and 2 and anti-HCV test for hepatitis C)

**3: Health questionnaire + Medical report\* + ECG\* + Blood tests\*** (blood count, blood platelets, ESR, blood glucose, cholesterol, HDL, triglycerides, creatinine, gamma GT, SGO and SGP transaminases, HIV 1 and 2, anti-HCV test for hepatitis C and PSA test for men  $\geq$  55)

\*reimbursed by APRIL International subject to approval and implementation of the plan

#### The amounts payable in respect of the death benefit are exempt from inheritance tax in France subject to the legislation in force.

#### DEFINITION

> Total and irreversible loss of autonomy: where the insured is totally and permanently medically unfit for any gainful employment and requires the assistance of a third party to carry out basic daily tasks.

#### **INCOME PROTECTION DURING PERIODS OF SICK LEAVE**

# The daily benefit and disability pension protect you from the impact of an illness or accident on your earnings. With these benefits, a portion of your salary will continue to be paid for a fixed period.

You can only opt for this benefit if you have already selected a death lump sum.

You are free to choose the level of daily benefit (between €/\$20 and €/\$500) provided if you comply with the following rules:

- > The amount of daily benefit paid over one month must not exceed 100% of your monthly net salary (limited to 70% of your monthly net income if you started or took over a business within the last year). If you have CFE or French Social Security top-up cover, the monthly total of daily benefits you receive from the basic scheme and from the My Health International plan cannot exceed 100% of your monthly net salary (limited to 70% of your monthly net income if you started or took over a business within the last year).
- > The amount of the daily benefit depends on the amount of the selected death lump sum: for a daily benefit of €/\$20, the selected lump sum must be at least €/\$20,000. The medical formalities required are the ones specified for the level of death lump sum selected.

You must be in paid employment to benefit from income protection cover.

#### DEFINITIONS

#### Daily benefit:

Daily benefits may be paid from the 31st or the 61st day depending on the option selected and for a maximum of 3 years. The number of days on which the benefit is payable per month is 30. By selecting a daily benefit, you are no longer required to pay the premium from the 31st or the 61st day. This means that, if you are experiencing financial difficulties caused by your absence for sick leave from work and are entitled to the daily benefit, you will receive free social protection cover. This benefit comes to an end when you reach the age of 65.

#### **Disability pension:**

A disability pension provides protection if you are disabled through illness or as the result of an accident. When the daily benefit has been in payment for a maximum of 3 years, it is converted to an annual pension. The annual pension is paid once your condition has stabilised and until you reach retirement age, 65 at the latest. The amount of the annual pension is set in proportion to the degree of disability determined according to the following disability scale (see paragraph 7.5 in the General Conditions).

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